



MEDIA RELEASE

15 November 2007

FOR IMMEDIATE RELEASE

CD LAUNCH: CATCHING DUST IN MID AIR

On Friday 16 November, Carers Victoria will celebrate the release of the CD 'Catching Dust in Mid Air', a collection of songs co-written by carers of people with dementia.

The carers and singers who participated in the project will join special guests Clare Bowditch and Sue Pieters-Hawke at the Melbourne Town Hall to hear live performances of selected songs.

The songs were created during group music therapy sessions. The very powerful lyrics are carers' direct quotes: some darkly funny; some sad; some quietly joyful; and some playful.

"You do not have to be caring for someone with dementia to be moved by this collection, but if you are a carer, you may identify with these carers' experiences shared through song," said Maria Bohan, CEO of Carers Victoria.

There are two main aims of this CD: firstly to assist in promoting awareness of the impact on the carer and family members of caring for someone with dementia.

Secondly, it is hoped that this CD will assist in preventing or reducing the risk of carers reaching burnout by helping to normalise and validate their experience and by giving encouragement to seek support from Carer Support services. This CD will be a useful tool for community organisations supporting carers of the aged.

Event details:

Melbourne Town Hall, Supper Room
Friday 16 November
10am to 12pm

For further information:

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***Carers Victoria is the statewide voice for family carers,
representing and providing support to carers in the community.***